

KM Group business editor Trevor Sturges has been appointed a Deputy Lieutenant of Kent. He is a former Kent journalist of the Year and writes for newspapers and web, editing the

Honoured role for our Trevor

Louise Usher spoke of The Law of Attraction - that positive thinking can attract positive energy - and boasted her 95% success rate at traffic lights. She said: "Approaching a red light, start to visualise it going green and it will. Give it a try."

Louise Usher is a business-winning director of her own company, Ecosan Services. She is a former Kent journalist of the Year and writes for newspapers and web, editing the

JUST 135 women are directors of FTSE 100 companies out of a total of 1,076, writes Katherine Andrews-Dawson.

Think green says Louise

Speakers Sonja Wood, right and Louise Usher FM2N29H



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